

**FISHERS AREA SWIMMING TIGERS**  
**THE 2011 500 INVITATIONAL**  
**TIMED FINALS, MAY 20-22, 2011**

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN11241
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center  
13000 Promise Road  
Fishers, Indiana 46038
- FACILITY:** Competition Pool: One 50-meter pool with ten-7.5-foot wide lanes each with non-turbulent lane markers. Daktronics 2000 Time System will be used. For all sessions, lanes 1-9 will be utilized for competition, with lane 10 reserved for warm-up and warm-down. FAST reserves the right to use all ten lanes for the Saturday/Sunday afternoon sessions and not have a warm-up/warm-up lane. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at [www.fasttigers.com](http://www.fasttigers.com). Balcony spectator seating is available.
- The West (scoreboard) end of the pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The East (diving well) end of the pool has a minimum depth of twelve feet (12') for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4).
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Enter the Fishers High School Natatorium through entrance doors FH6.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- ELIGIBILITY:** Age as of May 20, 2011 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply.

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**MEET FORMAT:** All events at the 2011 FAST 500 Invitational will be TIMED FINALS. This meet will run with split sessions on Saturday and Sunday. The Friday evening session consists of the following groups: 11-12, 13-14 and Open events. The Saturday and Sunday morning sessions will consist of the following age groups: 13-14 and Open events. The Saturday and Sunday afternoon sessions will consist of the following age groups: 8 & Under, 9-10 and 11-12 events.

Age groups 13-14 and Open will compete together, but be awarded and scored separately. The 8-Under and 9-10 Age Groups will compete together but be awarded and scored separately.

The Fishers Area Swimming Tigers reserves the right to limit the number of heats in all events to keep the time line manageable. There will be refunds for all swimmers not making the top heats. Limits will be posted to the Fishers Area Swimming Tigers website on Tuesday, May 10, 2011.

If a swimmer misses their event, they will be declared a “no show” and will not be placed in any other heat to make-up the swim.

Fishers Area Swimming Tigers reserves the right to use “fly-over” starts for all events. 1500 swimmers may be required to provide one timer and one lap counter.

**POSITIVE  
CHECK-IN**

Positive check-in means, “I am here and I intend to swim.” There will be positive check-in for each session. Check-in will close 45 minutes before the session start time.

Positive check-in sheets will be located at the security tables as you enter the pool area from the lobby on the deck level. All swimmers not declaring intent to swim will be scratched.

**EVENT  
SEEDING:**

There will be a positive check-in for all events FAST reserves the right to pre-seed all Friday night events if they so desire. Check-in will close 45 minutes before the session start time. The 1500-Meter Free will be swum from fastest to slowest .

**ENTRIES &  
LIMITS:**

No team entry will be broken. Each swimmer will be limited to five (5) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied ; there will be NO refunds.

FAST reserves the right to determine which entries to accept. Among the items FAST will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

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**ENTRY FEES:** All entry fees must accompany entry. Please make check payable to: **FISHERS AREA SWIMMING TIGERS**. The individual events are \$4.00. There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

**DECK ENTRIES:** Will be accepted if the meet is not filled ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries are \$8.00 per individual event.

**ENTRY PROCEDURE:** We expect this meet to fill up very quickly. Entries will be accepted immediately. The final entry date for entries to be received is 5:00 PM Friday, May 6, 2011 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by May 9, 2011 via email or US Postal depending on the form of entry.

Any accepted team entries may be updated until midnight on Monday, May 13, 2011. Updated times must be received via email.

The entry deadline will be extended if the meet is not full. Email confirmation of receipt will be returned. All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to Fishers Area Swimming Tigers and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program.. A printed copy of your meet entries must follow your submission of your entries via email. In all cases, the printed copy is the final word in any disputes involving entries. Entries not submitted via email in Hy-Tek format will be subject to a \$50.00 data processing fee. A psych sheet will be posted on the Fishers Area Swimming Tigers website ([www.fasttigers.com](http://www.fasttigers.com)) after the close of entries.

All times must be submitted in Long Course Meters (LCM) times and completed to the hundredth of a second. Converted times should use the Hy-Tek Time Converter.

**Mail entries and fees to the Entry Chairperson:**

Ralph Thielking  
P.O. Box # 453  
Fishers, Indiana 46038  
317-460-9206  
Email: [rthielking@mmufus.com](mailto:rthielking@mmufus.com)

**FINAL RESULTS:** One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted on the FAST website at [www.fasttigers.com](http://www.fasttigers.com).

**AWARDS:** Ribbons will be awarded for 1<sup>st</sup> through 8<sup>th</sup> place in all events. High point award in each age group (8-Under, 9-10, 11-12, 13-14 and Open)  
**AWARDS WILL NOT BE MAILED.**

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**SCHEDULE:** (All Times Are Eastern Daylight Time)

**Friday, May 20, 2011**

11-12, 13-14 & Open Age Groups  
Warm-Up @ Not Before 4:00 PM  
Meet Starts @ Not Before 5:00 PM

**Saturday, May 21, 2011 & Sunday, May 22, 2011**

13-14 & Open Age Groups  
Warm-Up @ Not Before 6:30 AM  
Meet Start @ Not Before 8:00 AM

8-Under, 9-10 & 11-12 Age Groups  
Warm-up @ Not Before 1:00 PM on Saturday Noon on Sunday  
Meet Start @ Not Before 2:00 PM on Saturday, 1:00 PM on Sunday

**CLERK OF COURSE:** There will NOT be a Clerk of Course at this meet. Lane assignments will be posted at various points around the pool. We highly encourage coaches to cover check-in, scratch and meet procedures with their swimmers and parents. **ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.** This is an insurance requirement of USA Swimming.

**CONCESSIONS:** Concessions will be available at the concession stand on the first level just across the entrance to the basketball arena.

**ADMISSION:** An admission of \$4.00 per person for each session will be charged. There will also be an all-day pass sold for \$6.00. Children 10-under are free.

**MEET PROGRAMS:** Meet Programs (Psych Sheets and/or Heat Sheets) will be available for purchase by spectators.

**WARM-UPS:** Lanes for warm-ups will be assigned. Check the website at [www.fasttigers.com](http://www.fasttigers.com) and your coach's packet.

<b>MEET DIRECTORS:</b>	Melissa Pfeifer	Erin Becker
	14317 Delaney Drive	8840 Delaney Drive
	Fishers, IN 46038	Fishers, IN 46038
	317-776-0381	317-773-1621
	<a href="mailto:mpfeifer1@comcast.net">mpfeifer1@comcast.net</a>	<a href="mailto:erin@benbecker.net">erin@benbecker.net</a>

Gail Heflin  
5831 North Delaware  
Indianapolis, IN 46220  
317-450-7787  
[Gailrn95@yahoo.com](mailto:Gailrn95@yahoo.com)

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**MEET REFEREE:** Lannie Carmack  
6170 Wahpikani Drive  
Fishers, IN 46038  
317-841-8126  
lcarmack@comcast.net

**OFFICIALS:** FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.

**USA SWIMMING SUIT RULES:** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**FACILITY NOTE:** The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- Keep all trash picked up (swimmers and teams in particular).
- Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
- Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**
- **ABSOLUTELY NO SMOKING IS PERMITTED IN THE BUILDING.**

The Fishers Area Swimming Tigers will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

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**ORDER OF EVENTS**

**FRIDAY, MAY 20, 2011**

<b>Girls Event #</b>	<b>Evening Session (Session #1) Warm-Up @ Not Before 4:00 PM/Meet Starts @ Not Before 5:00 PM</b>	<b>Boys Event #</b>
1	13 & 14 Open 400 Freestyle	2
3	11-12 400 Freestyle	4
5	13-14 & Open 400 Individual Medley	6

**SATURDAY, MAY 21, 2011**

<b>Girls Event #</b>	<b>Morning Session (Session #2) Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM</b>	<b>Boys Event #</b>
7	13-14 & Open 200 Breaststroke	8
9	13-14 & Open 100 Freestyle	10
11	13-14 & Open 100 Butterfly	12
13	13-14 & Open 100 Backstroke	14
15	13-14 & Open 200 Individual Medley	16
17	13-14 & Open (Women Only) 1500 Freestyle	

<b>Girls Event #</b>	<b>Afternoon Session (Session #3) Warm-Up @ Not Before 1:00 PM/Meet Starts @ Not Before 2:00 PM</b>	<b>Boys Event #</b>
19	11-12 100 Freestyle	20
21	8 & Under & 9-10 100 Freestyle (10-Under)	22
23	11-12 50 Breaststroke	24
25	8 & Under & 9-10 50 Breaststroke (10-Under)	26
27	11-12 100 Butterfly	28
29	8 & Under & 9-10 100 Butterfly (10-Under)	30
31	11-12 50 Backstroke	32
33	8 & Under & 9-10 50 Backstroke (10-Under)	34
35	11-12 200 Freestyle	36
37	8 & Under & 9-10 200 Freestyle (10-Under)	38

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**SUNDAY, May 22, 2011**

<b>Girls Event #</b>	<b>Morning Session (Session #5) Warm-Up @ Not Before 6:30AM/Meet Starts @ Not Before 8:00 AM</b>	<b>Boys Event #</b>
39	13 & 14 & Open 200 Freestyle	40
41	13 & 14 & Open 100 Breaststroke	42
43	13 & 14 & Open 200 Backstroke	44
45	13 & 14 & Open 200 Butterfly	46
47	13 & 14 & Open 50 Freestyle	48
	13-14 & Open (Men Only) 1500 Freestyle	50

<b>Girls Event #</b>	<b>Afternoon Session (Session #6) Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM</b>	<b>Boys Event #</b>
51	11-12 100 Breaststroke	52
53	8-Under & 9-10 100 Breaststroke (10-Under)	54
55	11-12 50 Freestyle	56
57	8-Under & 9-10 50 Freestyle (10-Under)	58
59	11-12 100 Backstroke	60
61	8-Under & 9-10 100 Backstroke(10-Under)	62
63	11-12 50 Butterfly	64
65	8-Under & 9-10 50 Butterfly (10-Under)	66
67	11-12 200 Individual Medley	68
69	8-Under & 9-10 200 Individual (10-Under)	70

**General Information:**

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed in the deck area, except during the 1650 Free at which time a designated timer and counter will be allowed on deck to help with that event.  
There are two men's and two women's locker rooms on deck.

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**Fee Summary**

This summary form must be completed and returned with all entry fees by Friday, May 8, 2011. Please note your initial entry is due on Friday, May 6, 2011 to get consideration for entry into the meet. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Ralph Thielking  
P.O. Box # 453  
Fishers, Indiana 46038  
317-460-9206  
Email: [rthielking@mmufus.com](mailto:rthielking@mmufus.com)

Club \_\_\_\_\_ Club Code \_\_\_\_\_

Number of swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_

Number of swimmers entered: Indiana Swimming Surcharge \_\_\_\_\_ @ \$1.50 = \$ \_\_\_\_\_

Number of prelims/finals individual entries \_\_\_\_\_ @ \$5.00 = \$ \_\_\_\_\_

Number of timed finals individual entries \_\_\_\_\_ @ \$4.00 = \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED = \$ \_\_\_\_\_

Club official submitting entry:

Coaches Names:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please indicate the preferred manner of receiving final results:**

\_\_\_\_\_ Hard Copy

\_\_\_\_\_ Meet Manager Backup (Emailed)

\_\_\_\_\_ Team Manager .cl2 file (Emailed)

\_\_\_\_\_ All of the above

Email address to send above to: \_\_\_\_\_

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**Visiting USA Swimming Officials Sign-Up**

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

Name: \_\_\_\_\_

Phone & Email (If Known): \_\_\_\_\_

Sessions: Friday PM \_\_\_\_ Saturday AM \_\_\_\_ Saturday PM \_\_\_\_ Saturday 1650 \_\_\_\_ Sunday AM \_\_\_\_ Sunday PM \_\_\_\_

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**Release & Hold Harmless Agreement**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses ,expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2011

Signature of Club Official or Coach \_\_\_\_\_

Printed Name of Club Official or Coach \_\_\_\_\_

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**Fishers Area Hotel Information**

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-841-0416 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 <sup>nd</sup> Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool