

MILLER AQUATICS *SUMMER, 2009*

TECHNIQUE IS OUR MISSION

**Correct Technique
is the
Cutting Edge!**



**MINI-CAMP
For 7 – 10 Year Olds
June 6 & 7**

THIS CAMP WILL PUT YOUR CHILDREN ON THE RIGHT TRACK
TO SWIM CORRECTLY *BEFORE* ALL THE PRACTICES
AND MEETS BEGIN THIS SUMMER.

2009 MILLER AQUATICS MINI CAMP

TWO WEEKEND DAYS OF BASIC COMPETITIVE SWIMMING TECHNIQUES FOR 7 – 10 YEAR OLDS June 6 & 7

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BEFORE ALL THE PRACTICES AND MEETS BEGIN THIS SUMMER.**

WHAT WE ARE :

- We are a technique camp for competitive swimmers.
- We offer the most up-to-date technique in all phases of swimming available anywhere.

- We are a day camp.
 - Hours: 9:00 A. M. - 4:00 P.M.

- Swimmers ages 7 - 10
- Limited number of slots available
- Low swimmer/instructor ratio.

Cost: \$160

WHAT WE OFFER:

- ✓ Personal technique instruction for all four strokes.
- ✓ Personal technique instruction on starts and turns.
- ✓ Lunch & snacks provided each day
- ✓ All pools are heated.

WHO WE ARE :

Director: Bruce Miller: over 46 years aquatic experience having worked with many college swimmers and All-American high school swimmers.

Head assistant: Howard Schein, Head Coach University High Girls Swim Team, HEAT coach, Level II NAISCA, and competitive Masters swimmer.

- TO ADVANCE THEIR TECHNIQUE, CHECK OUT OUR *START AND TURN CAMP* ("*BOOMER CAMP*") WHICH INCLUDES UNDULATION AND STREAMLINING (BEING AN UNDERWATER WARRIOR)

2009 Mini Swim Camp Application

Name: _____

Address: _____

City : _____ State _____ Zip: _____

Birthdate: _____ Sex: _____

Home Phone Number: _____

Cell Phone Number: _____

E-Mail address: _____

- An **\$80 non-refundable** deposit required with application by May 1st
- Remainder is payable on the 1st day of camp. (Total cost: \$160)
- Make checks payable to: **MILLER AQUATICS**

Swimmers must have their own health insurance.

Name of Insurance Company: _____

Policy Number: _____

Any significant medical history Allergies/Medications: _____

Miller Aquatics has my permission to have (swimmer's name) _____
treated in an emergency.

Signature of parent or guardian: _____

MAIL COMPLETED APPLICATION TO:

MILLER AQUATICS
1175 COUNTY ROAD 2500 E
HOMER, ILLINOIS 61849

(217) 896-2744 for more information

For those who aren't familiar with us:

We are located in a unique country setting nestled among 16 acres of woods, right next to the Salt Fork River.

